DRUG DETERMINATION POLICY

Title: DDP-34 Acthar Gel **Effective Date**: 06/29/2020



Physicians Health Plan PHP Insurance Company PHP Service Company

Important Information - Please Read Before Using This Policy

The following policy applies to health benefit plans administered by PHP and may not be covered by all PHP plans. Please refer to the member's benefit document for specific coverage information. If there is a difference between this general information and the member's benefit document, the member's benefit document will be used to determine coverage. For example, a member's benefit document may contain a specific exclusion related to a topic addressed in a coverage policy.

Benefit determinations for individual requests require consideration of:

- 1. The terms of the applicable benefit document in effect on the date of service.
- 2. Any applicable laws and regulations.
- 3. Any relevant collateral source materials including coverage policies.
- 4. The specific facts of the particular situation.

Contact PHP Customer Service to discuss plan benefits more specifically.

1.0 Policy:

This policy describes the determination process for coverage of specific drugs.

This policy does not guarantee or approve benefits. Coverage depends on the specific benefit plan. Drug Determination Policies are not recommendations for treatment and should not be used as treatment guidelines.

2.0 Background or Purpose:

Acthar is a specialty drug indicated for a number of diagnoses and is associated with significant toxicity. These criteria were developed and implemented to ensure appropriate use for the intended diagnoses and mitigation of toxicity, if possible.

3.0 Clinical Determination Guidelines:

Document the following with chart notes:

A. Infantile Spasms.

- 1. Indication: monotherapy treatment of infantile spasms in infants and children (meets both below):
 - a. Age: less than two years.
 - b. EEG (interictal): demonstrates hypsarrhythmia (very high voltage, random, slow waves and spikes in the cortical area).
- 2. Dosage regimen: 150 units per m² divided two times daily (75 units per m²) intramuscular for two weeks, then tapered dose over two weeks to discontinue.
- 3. Approval: one month.
- B. Other Corticosteroid-Responsive Conditions.

- 1. Use of Acthar in steroid-responsive conditions is not considered medically necessary unless there is a medical contraindication or intolerance to corticosteroids that are not also expected with the use of Acthar:
 - a. Multiple Sclerosis: acute exacerbation in adults.
 - b. Rheumatic diseases: adjunctive therapy for acute episodes or exacerbations of psoriatic arthritis (PA), rheumatoid arthritis (RA) and ankylosing spondylitis (AS).
 - c. Collagen Diseases: select cases of systemic lupus erythematous (SLE), systemic dermatomyositis and polymyositis.
 - d. Dermatological diseases: severe erythema multiforme and Stevens-Johnson syndrome.
 - e. Allergic state: serum sickness.
 - f. Ophthalmic diseases: severe acute or chronic allergic and inflammatory processes including optic neuritis, keratitis and iritis.
 - g. Symptomatic sarcoidosis.
 - h. Nephrotic syndrome: to induce diuresis or remission of proteinuria in idiopathic nephrotic syndrome without uremia or due to systemic lupus erythematous.
- 2. Two supporting articles from major peer-reviewed medical journals that support use in other corticosteroid-responsive conditions as safe and effective.
- 3. Other therapies: contraindicated, inadequate response or significant adverse effects to corticosteroids and standard therapies (meets both below):
 - a. Corticosteroids: other routes for corticosteroid administration (e.g., oral prednisone, IV methylprednisolone); must document why other well-established routes can't be used.
 - b. Standard therapy: trial of two chronic formulary alternatives for specific disease state as supported in the literature.
- 4. Dosage: individualize depending on the disease state and medical condition of the patient; may need to taper the dose.
- 5. Approval: short-term individualized to disease state.

Exclusions

- 1. Investigational, not responsive to corticosteroid conditions: e.g. acute gout, childhood epilepsy and use in tobacco cessation.
- 2. Diagnostic testing of adrenocortical function.
- 3. Contraindications: hypersensitivity to proteins of porcine origin, scleroderma, osteoporosis, systemic fungal infections, ocular herpes simplex, peptic ulcer, recent surgery, congestive heart failure (CHF), uncontrolled hypertension, primary adrenocortical insufficiency, adrenocortical hyperfunction, infants with suspected congenital infections, co-administration of live or live attenuated vaccines, IV administration.

4.0 Coding:

AFFECTED CODES							
Code	Brand Name	Generic Name	Billing (1 unit)	Prior Approval			
J0800	Acthar Gel	corticotropin	40 units	Y			

5.0 References, Citations & Resources:

- 1. H.P. Acthar Gel and Cosyntropin Review. P & T 2009;34(5):250-257.
- 2. Lexicomp Online®, Lexi-Drugs®, Hudson, Ohio: Lexi-Comp, Inc.; H.P. Acthar gel, accessed May 2020.

6.0 Appendices:

See page 4.

7.0 Revision History:

Original Effective Date: 04/27/2016

Next Review Date: 05/27/2021

Revision Date	Reason for Revision		
8/19	Moved to new format; replaced abbreviations, clarified other therapies, formatted table, removed other therapies for infantile spasm due Acthar being first line treatment		
4/20	Annual review; replaced abbreviations, clarified Infantile Spasm indication/age; changed other therapies language and instructions; added contraindications to exclusions section; changed B1 regarding use of Acthar in steroid-responsive conditions		

Appendix I: Patient Safety and Monitoring

Drug	Adverse Reactions	Monitoring	REMS
Acthar Gel corticotropin	 Cardiovascular: hypertension (11%) Central nervous system: seizure (12%) Infection (20%) 	 Cardiovascular: blood pressure, cardiac function Endocrine: signs and symptoms of adrenal insufficiency or Cushing's Syndrome Lab: serum glucose, electrolytes Miscellaneous: weight 	None needed